

# Co-DEPENDENTS ANONYMOUS

## Redding Area Meeting Schedule



Monday Night      Thursday Night  
6:00 - 7:30 pm

**Pilgrim Congregational Church  
2850 Foothill Boulevard  
Redding, CA 96001**

**Directions: *Eureka Way* (west of H.S.), turn south onto  
*Almond*, turn right on *Foothill Blvd.* to Church:**

**Upper Parking Lot:** Follow outdoor stairs down to lower level—Door at bottom of stairs.

**Lower Parking Lot:** Pass church, turn **right** on *Monte Bello*, turn **right** on *Los Animas*, go one block, turn **right** into lot. Facing building, door at far right.

## ***Newcomers Welcome!***

No longer do you need to rely on others  
as a power Greater than yourself.

May you instead find here a  
New Strength within to be that which  
God intended — Precious and Free.