

STEP 10 - DAILY INVENTORY

**"WHEN WE RETIRE AT NIGHT, WE CONSTRUCTIVELY REVIEW OUR DAY.
WERE WE RESENTFUL, SELFISH, DISHONEST, OR AFRAID?"**

	<u>Liabilities</u>			<u>Assets</u>	
	ANGER			CALM	
	CRITICIZING			LOOK FOR THE GOOD	
	DISHONESTY			HONESTY	
	DOUBT			FAITH	
	ENVY			GRATEFUL	
	FALSE PRIDE			SIMPLICITY	
	FRIGHTENED			COURAGE	
	GLUTTONY			MODERATION	
	GREEDY			GIVING OR SHARING	
	HARMFUL ACTS			GOOD DEEDS	
	HATE			LOVE	
	IMPATIENT			PATIENCE	
	INCONSIDERATE			CONSIDERATE	
	INSINCERITY			STRAIGHTFORWARDNESS	
	INTOLERANT			TOLERANCE	
	LAZINESS			ACTIVITY	
	LUSTFUL			LOVE - CONCERN FOR OTHERS	
	NEGATIVE THINKING			POSITIVE THINKING	
	PRIDE			HUMILITY	
	PROCRASTINATION			PROMPTNESS	
	RESENTMENT			FORGIVENESS	
	SELFISH AND SELF-SEEKING			INTEREST IN OTHERS	
	SELF-CONDEMNATION			SELF-FORGIVENESS	
	SELF-IMPORTANCE			MODESTY	
	SELF-JUSTIFICATION			HUMILITY-SEEKING GOD'S WILL	
	SELF-PITY			SELF-FORGETFULNESS	
	STINGY			GENEROSITY	
	SLOTH			TAKE ACTION	
	SUSPICIOUS			TRUST	
	VULGAR, IMMORAL, TRASHY THINKING			HIGH-MINDED, SPIRITUAL, CLEAN THINKING	

**GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE. THE
COURAGE TO CHANGE THE THINGS I CAN. AND THE WISDOM TO KNOW THE
DIFFERENCE.**